

# Appetizers

## **Baked Stuffed Mushrooms**

*Jumbo Mushroom Caps filled with our  
Exceptional Seafood Stuffing...\$5.99*

## **Buffalo Style Chicken Fingers**

Our phenomenal Chicken Fingers  
dipped in our zippy hot sauce...\$7.99  
with French Fries & Coleslaw...\$9.99

## **Chicken Fingers**

*Choice of BBQ, Sweet-n-Sour or Honey Mustard...\$6.99  
with French Fries & Coleslaw...\$8.99*



## **Italian Style Calamari**

*Lightly breaded Calamari rings with Banana peppers  
and Black olives...\$6.99*

## **Combo Appetizer Platter**

*A tempting selection of Potato Skins,  
Chicken Fingers & Mozzarella Sticks...\$10.99*



## **Jumbo Shrimp Cocktail**

*\$7.99*

## **Supreme Nachos**

*Seasoned ground beef, Jalapenos,  
Black olives, Monterey & Cheddar,  
Onions, Salsa and Sour cream...\$9.99*

## **Spinach & Artichoke Dip**

*Served with Flatbread...\$8.99*

## **Mozzarella Cheese Sticks**

*\$5.99*

## **Potato Skins**

*Loaded with Bacon and Cheese...\$5.99*

## **Fresh Maine Mussels**

*Steamed in white and garlic broth...\$6.99*

# For Starters

## *Soup du Jour*

Cup...\$1.99 Bowl...\$2.99

## *French Onion Soup*

Homemade in our kitchen served with toast points, Swiss and Mozzarella cheese...\$4.99



## *House Salad*

Fresh Romaine Lettuce, Tomatoes Cucumbers, Peppers, Onion and your choice of Dressing...\$2.29

## *Caesar Salad*

Fresh Romaine, Parmesan cheese, croutons and Caesar Dressing...\$2.29

## *J's Meaty Chili 'n Cheese*

Cup...\$2.99 Bowl...\$4.99

## *Award Winning*

## *New England Clam Chowder*

Cup...\$2.99 Bowl...\$4.99

# Dinner Plate Salads

## *Southwestern Salad*

Fresh Romaine lettuce, Tomatoes, Cucumbers, Onions, Green peppers, Black bean and corn salsa, Shredded cheese, crunchy Tortilla strips, served with Mexi-Ranch Dressing  
**with Grilled Chicken ... \$8.99**  
**with Grilled Steak ... \$10.99**

## *Caesar Salad*

Fresh Romaine lettuce, parmesan cheese, Croutons and Caesar Dressing...\$5.99  
**with Grilled Chicken ...\$8.99**  
**with Jumbo Shrimp ...\$9.99**  
**with Grilled Steak ...\$10.99**



## *Crispy Chicken Salad*

Crispy Chicken, served over Fresh Lettuce with Shredded cheese, Tomatoes, Cucumbers, Onions and Green Peppers served with your choice of Dressing...\$8.99  
**Buffalo Style with Bleu Cheese Dressing...\$8.99**

## *Chef Salad*

Fresh Romaine Lettuce, Roast Turkey, Ham, American & Swiss Cheese, Tomatoes, Eggs, Cucumbers, Onions, Green Peppers with your choice of Dressing. \$8.99

## *Oriental Chicken Salad*

Grilled Chicken, crisp salad greens, Tomatoes, Cucumbers, Onions, Green peppers, Mandarin oranges, Almonds, and Oriental noodles, served with Sesame Ginger Dressing...\$8.99

# Sandwiches

All Sandwiches are served with Coleslaw and your choice of Hand-cut French Fries or cup of Soup du Jour

*\*Substitute Award-Winning Clam Chowder, French Onion Soup, or J's Meaty Chili for only...99¢*



## Roast Turkey Club

Fresh Turkey, Bacon, Lettuce, Tomatoes, mayonnaise served on your choice of bread...\$6.99

## The Ultimate Club

Loaded with Ham, Turkey, American & Swiss cheese, Bacon, Lettuce, Tomatoes, mayonnaise on your choice of bread...\$7.49

## Chicken Caesar Wrap

Grilled Chicken, Romaine, Tomatoes, Parmesan cheese, and Caesar Dressing...\$6.99

## Oriental Chicken Wrap

Grilled Chicken, Lettuce, Zucchini, Almonds, Oriental noodles and Sesame Ginger Dressing...\$6.99

## Cool Ranch Chicken Wrap

Crispy Chicken, Lettuce, Tomatoes and Ranch Dressing...\$6.99  
Buffalo Style with Bleu Cheese Dressing...\$6.99

## Steak & Cheese Wrap

Sauteed Mushrooms, Onions, Green Peppers and Mozzarella cheese...\$6.99

## Grilled Vegetable Sandwich

Grilled zucchini, Roasted red peppers, Spinach, Tomatoes, Cheddar cheese, Pesto mayonnaise on Foccacia bread...\$7.99  
with Grilled Chicken...\$9.99

## Mozzarella Ham Sandwich

Deli-style Ham, fresh Mozzarella, spinach, tomato, onion, Italian dressing, served on Foccacia bread...\$8.99



## Turkey Artichoke

Fresh Turkey, grilled Onions, cheesy spinach artichoke spread, served on Foccacia bread...\$7.99

## Classic Hamburger

1/3 lb. of Select ground beef...\$5.59

## Chicken Sandwich

Select from Grilled or Fried Chicken Breast...\$5.59

### Toppings

2 slices of American, Swiss, or Cheddar...49¢  
Bacon or Chili...79¢  
Sauteed Mushrooms, Onions, or Peppers...29¢  
BBQ or Teriyaki Sauce...29¢

Lettuce & Tomato available upon request

## Classic B.L.T.

\$4.99

## Fresh Haddock Sandwich

served with Tartar sauce and Lemon...\$6.99

## Grilled Reuben

Corned beef, Sauerkraut, Swiss Cheese and 1000 Island Dressing on Rye Bread...\$6.99

# Butcher Block Entrees



## **Kentucky Bourbon Rib-Eye**

12 oz. grilled Rib-Eye topped with a rich Bourbon-Mushroom demi-glaze, served with vegetables and choice of potato...\$17.99

## **Filet Mignon**

8 oz. mouth-watering Beef tenderloin, topped with Berniase sauce, on a bed of Mushroom Risotto, served with vegetables...\$20.99

## **New York Sirloin Strip**

12 oz. Tender Sirloin grilled to perfection, with vegetables and your choice of potato...\$15.99



## **Steak Neptune**

Twin bistro steaks char-grilled to your liking, with sauteed Shrimp and Scallops, finished with a savory Newburg sauce, served with vegetables and choice of potato...\$23.99

## **Marinated Steak Tips**

served with vegetables and your choice of potato...\$13.99

**Teriyaki Style .. \$14.99**

*Rare - Cool, Red Center  
Medium Rare - Warm, Red Center  
Medium - Bright Pink Throughout  
Medium Well - Pink Almost Gone  
\* Well Done - Brown Throughout*

## **Grilled Pork Chops**

with Carmelized Cinnamon Apples, served with vegetables, and choice of potato...\$12.99

## **Chicken Cordon Bleu**

Tender Chicken Breast, stuffed with Ham and Swiss Cheese, with a Mustard coulis, served with vegetables and choice of potato...\$13.99

## **Cheddar & Broccoli Stuffed Chicken**

Topped with Alfredo Sauce, served with vegetables and your choice of potato...\$13.99

# Captain's Ship



## **Fresh Sea Scallops**

*Fried or Broiled in white wine,  
served with vegetables and choice of potato...\$14.99*

## **Fried Shrimp**

*Tender Shrimp fried to perfection with cocktail sauce,  
served with vegetables and choice of potato...\$14.99*

## **Fried Seafood Platter**

*A delightful assortment of Scallops,  
Shrimp, Haddock and Clams  
served with vegetables and choice of potato...\$18.99*



## **Puff Pastry Salmon**

*Fresh Salmon stuffed with Crab &  
herbed goat cheese, wrapped in delicate puffed pastry,  
finished with a buttery caper sauce,  
served with vegetables and choice of potato...\$17.99*

## **Ocean Fresh Haddock Fillets**

*Enjoyed Fried or Baked  
served with vegetables and choice of potato...\$12.99*

## **Spinach & Crab Stuffed Haddock**

*Baked in a savory Newburg sauce,  
served with vegetables and  
choice of potato...\$15.99*

## **Fried Clams**

*Deep fried whole belly clams,  
served with vegetables and choice of potato...\$16.99*

# Specialties

## **Fettucini & Broccoli Alfredo**

*\$9.99  
with Grilled Chicken ... \$12.99*

## **Chicken Parmesan**

*\$12.99*

## **Fisherman's Stew**

*A delightful array of seafood which includes  
Haddock, Shrimp, Scallops, and Mussels  
combined in a savory tomato broth...\$9.99*

## **Shrimp Milano**

*Jumbo Shrimp, Artichoke Hearts, Capers, Spinach  
Sun-dried Tomatoes, Roasted Red-Peppers, sauteed in garlic  
and finished in a butter wine sauce, served over Penne pasta...\$15.99  
Vegetarian Style ...\$10.99*

## **Grilled Vegetable Ravioli**

*Jumbo Ravioli filled with Zucchini, Eggplant, Summer Squash,  
Roasted Red Peppers, served with your choice of  
Marinara or creamy Pesto Sauce...\$12.99*